



STUDENT ESSAY COMPETITION: 2019

“Is food the foundation for good health?”

Closing date: midnight
30th May 2019

Submit to:
thuli@bhma.org

More info at:
[https://bhma.org/item/
student-essay](https://bhma.org/item/student-essay)

The BHMA runs an annual student essay competition to broadcast the voice of the best and most innovative thinking from those about to embark on a career in healthcare.

In this, the thirteenth year of the competition, we invite healthcare students to submit an essay of no more than 1,500 words with the title:

“Is food the foundation for good health?”

Use this essay to radically and critically consider the role of nutrition in healthcare and provide examples to illustrate your arguments.

Please submit your essay with your name, address, email, university or college, course and year of study, and send by e-mail to:
thuli@bhma.org

1st prize

- £250
- One year's free access to all issues of the Journal of Holistic Healthcare
- The winning essay will be published in the Journal of Holistic Healthcare & on our website

2nd & 3rd prize

- One year's free access to all issues of the Journal of Holistic Healthcare
- Your article published on our website.